



The 2018 Lymphedema Association of Saskatchewan Education Symposium:

Lymphedema and Lipedema Diagnosis, Management and Care

SEPTEMBER 6 & 7, 2018

Double Tree by Hilton Hotel and Conference Centre | Regina, Saskatchewan

Symposium Description:

This symposium will provide evidence-based information and updates on diagnosis, care and management of all types of lymphedema and lipedema and promote interprofessional treatment of lymphedema and lipedema that is consistent and based on best-practice guidelines.

Target Audience:

All Medical and Health Care Professionals including Physicians, Nurses, Nurse Practitioners, Physical Therapists, Occupational Therapists, Speech Language Pathologists, Therapy Assistants, Massage Therapists, Pharmacists, Dietitians, students in these disciplines and other interested health professionals, policy makers and program planners. Lymphedema and lipedema patients, guests and all other interested personnel

Key note Speakers:

- **Dr. Stanley Rockson**, Chief of Consultative Cardiology, Director Stanford Centre for Lymphatic and Venous Disorders, Allan and Tina Neill Professor of Lymphatic Research and Medicine at Stanford University School of Medicine.
- **Dr. Jay Granzow**, Lymphedema and Lipedema Surgeon, Professor of Surgery in the Division of Plastic Surgery at the

UCLA David Geffen School of Medicine and Assistant Chief of Plastic Surgery at Harbor-UCLA Medical Center.

- **Dr. David Keast, MSc, MD, FCFP**, Medical Director of the Outpatient Chronic Wound Management Clinic at the Parkwood Institute in London, ON, Clinical Adjunct Professor of Family Medicine, Schulich School of Medicine and Dentistry, Western University and Associate Scientist in Parkwood Research Institute. He is Co-Director of the Canadian Lymphedema Framework and President of the World Alliance for Wound and Lymphedema Care.
- **Anna Kennedy**, Executive Director of the Canadian Lymphedema Framework, and a Board Director of the International Lymphoedema Framework.

Other areas of interest:

- Pre-conference Health Care Professionals workshops by compression vendors including BSN Medical, J. Vaillancourt Corp., Lymphedema Depot Ltd. and Paradigm Medical Ltd.
- Special Presentation For Primary Health Care Professionals
- Patient sessions on compression and exercise management
- Trade show of exhibitors

For full registration details check our website in June 2018, or contact lasconference18@gmail.com

www.sasklymph.ca

GOLD SPONSORS:





Lymphedema
ASSOCIATION
OF SASKATCHEWAN INC.

REGISTRATION FORM:

The 2018 Lymphedema Association of Saskatchewan Education Symposium: Lymphedema and Lipedema Diagnosis, Management and Care

SEPTEMBER 6 & 7, 2018

Double Tree by Hilton Hotel and Conference Centre | Regina, Saskatchewan

Name _____

Address _____

Phone _____ Email _____

Patient/Caregiver Allied Health Care Professional (please indicate profession) _____ Physician Other

Please Indicate which events you will be attending:

THURSDAY, SEPTEMBER 6, 2018
Pre-Symposium Workshops For Health Care Professionals and Registration Fees
Coffee Breaks provided

Choice of practical workshops:

- 1. BSN Medical Jobst Compression Measurement and Fitting Certification: 8:30 to 4:00 pm, \$25
- 2. CircaAid Measurement and Fitting Certification: 8:30 to 4:30 pm, \$25
- 3. Lymphedema Depot Ltd. Certification In Measuring For The Solaris Collection Of Therapeutic Garments: 8:30 to 12:00 pm: \$15
- 4. Paradigm Medical Ltd Evidence-Based Use Of Pneumatic Compression For Lymphedema Treatment And Fibrosis Treatment Techniques: 1:00 pm to 4:30 pm, \$15
- 5. Special Presentation For Primary Health Care Professionals: Primary Care Physicians, Specialist Physicians, Nurse Practitioners, Community Nurses and Wound Care Nurses
The Swollen Leg: A Diagnostic and Therapeutic Challenge: 6:30 pm to 7:45 pm, \$25

FRIDAY, SEPTEMBER 7, 2018
Symposium Plenary Sessions For Health Care Professionals and Patients/Caregivers: 8:00 am to 5:00 pm
Coffee breaks and lunch provided

Health Care Professionals: LAS Members: \$85 / Non-Members: \$100

Patients/Caregivers: LAS Members \$25 / Non-Members: \$40

****Please return your registration form and payment by August 17 to Tracy Gardikiotis – P. O. Box 37183 REGINA SOUTH, Regina, SK, S4S 7K4**

Please note we are working on fixing our online payment method. Please check our website www.sasklymph.ca for updates on online payment

DONATIONS:

I would like to support LAS with a donation of \$25 \$50 \$100 Other

Cheque payable to LAS.

Charitable # 844468074RR0001. A charitable donation receipt will be issued for donations of \$20.00 or more.



THURSDAY, SEPTEMBER 6, 2018:
**Pre-Symposium Workshops
For Health Care Professionals**

CHOICE OF PRACTICAL WORKSHOPS:

**BSN MEDICAL JOBST BASIC AND ADVANCED
COMPRESSION MEASUREMENT AND FITTING
CERTIFICATION**

8:30 am to 4:00 pm

**Instructor: Alexis McNeil, BSN Medical Lymphology
Specialist Western Canada**

CONTENT:

Alexis will be presenting a detailed in-service designed for fitters who wish to increase their knowledge of Jobst compression therapy products. She will discuss the stages and management of Lymphedema and what Jobst garments work best for clients during each stage. Attendees will gain an increased knowledge of custom made products and how to properly measure and fit them. She will also discuss nighttime compression therapy products including Jobst FarrowWrap compression wraps.

**CIRCAID MEASUREMENT AND FITTING
CERTIFICATION: EFFECTIVE THERAPY CONCEPTS
FOR LYMPHATIC DISEASES: 3 STEPS TO PATIENT
SELF-MANAGEMENT**

8:30 to 4:30 pm

**Instructor: Ingrid Adams, Senior Clinical Education
Manager, MEDI USA**

CONTENT:

This workshop provides:

- Information, training and fitting techniques on Circaid products including Reduction Kit, Juxta-Fit Essential, Juxtafit Premium and Medi Custom compression garments.
- Discussion of therapeutic applications for both upper and lower limbs for complex patients and patient self-management.
- Participants receive practical learning experience with products.
- Certification awarded upon completion of workshop.

**LYMPHEDEMA DEPOT LTD. CERTIFICATION IN
MEASURING FOR THE SOLARIS COLLECTION OF
THERAPEUTIC GARMENTS**

8:30 to 12:00 pm

Instructor: John Mulligan, RMT, CLT-LANA

CONTENT:

In this hands on workshop for professionals, you will learn all about our advanced garments, how and when to use them and how to measure for them. You will earn a certification as a qualified fitter of the Solaris Collection of garments.

**PARADIGM MEDICAL LTD EVIDENCE-BASED USE
OF PNEUMATIC COMPRESSION FOR LYMPHEDEMA
TREATMENT AND FIBROSIS TREATMENT TECHNIQUES**

1:00 pm to 4:30 pm

Instructor: Karen Ashcroft, MS, OTR/L, CLT-LANA

CONTENT:

Learn new methods of how pneumatic compression can provide state of the art treatment to patients in both clinic and home settings. Evidence and protocols are included to enhance current clinical practice. By learning about the five major types of fibrosis, therapists will be able to more effectively treat root causes of lymphatic obstruction and increase effectiveness of clinical treatment.

**Special Presentation For Primary Health Care Providers:
Primary Care Physicians, Specialist Physicians, Community
Nurses and Wound Care Nurses**

**THE SWOLLEN LEG: A DIAGNOSTIC AND
THERAPEUTIC CHALLENGE**

Instructor: Dr. David Keast, MSc, MD, FCFP

CONTENT:

This presentation will provide an overview of the differential diagnosis, assessment and management of chronic edema and lymphedema.

GOLD SPONSORS:



** Please note that space is limited in all pre-symposium workshops and registration is on a first come-first serve basis.
Coffee breaks will be provided.*