



Lymphedema Association of Nova Scotia

www.LymphedemaNovaScotia.com

You are not alone!



President's Message

Hi Everyone,

I just returned from a very successful speaking engagement in Washington, D.C.. This presentation focused on living with lymphedema. It brought an awareness to thousands of people who had never heard of lymphedema. The feedback I received was amazing!

The 4th Annual Lymphedema Seminar will be held on May 4, 2019 at The Chocolate Lake Hotel in Halifax. We are looking for potential speakers and sponsors, so please contact me if you are interested in being a speaker and/or a sponsor.

We are looking for more members!!! A Personal Membership only costs \$35 a year and that includes: Pathways Magazine for a year, an opportunity to be part of the board, a vote at the AGM, notification of events and support, education and networking. There are also Professional and Corporate Memberships available. If you would like more info please check out our website at www.LymphedemaNovaScotia.com or email us at LymphedemaNovaScotia@yahoo.com or, if you would rather talk to a person, call Karen at 902-401-3683.

Lymphedema Support Group Meetings are being held about 4-6 times per year. Please check our website, in the events section, to get the latest news on any meetings or events that we will be having. www.LymphedemaNovaScotia.com

Please contact me if you have any questions regarding the Lymphedema Association of Nova Scotia or if you just need to talk.

Warm wishes,

Karen Bingham

Contact information for Lymphedema Association of Nova Scotia

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Please like our Facebook Page and join our Facebook Group—Lymphedema Association of Nova Scotia

Lymphedema: My Struggle, Journey and Triumph



YOU MAY
SEE ME
STRUGGLE
BUT YOU
WILL NEVER
SEE ME
QUIT...

It was such a crazy and amazing week for me. The 2018 EXIT Realty International Convention was not quite what I expected it to be...it was so much more. I saw some great presentations and break out sessions.

My hour long presentation, My 5 Year Metamorphosis, was very well received by the thousands of real estate agents present. The response I got was overwhelmingly positive. I spoke about my life with lymphedema including my struggles and successes. I also gave basic information about lymphedema and the need for awareness. I spoke about the different lymphedema associations in Canada and The Lymphedema Treatment Act in the USA. People thanked me, hugged me, and told me their stories.

I connected with so many people and made a lot of new friends. At times, I felt like a celebrity. It is a week that I will never forget.



Lymphedema Therapists in Nova Scotia

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Therapists, please contact us if you would like to be added to this list or if your information is incorrect. Thanks!

4th Annual

Lymphedema Seminar



www.LymphedemaNovaScotia.com

Saturday, May 4, 2019 10am - 4pm

Best Western Plus Chocolate Lake Hotel

Please call or text Karen Bingham to register or for more info

902-401-3683

Or email LymphedemaNovaScotia@yahoo.com