



# Lymphedema Association of Nova Scotia

## [www.LymphedemaNovaScotia.com](http://www.LymphedemaNovaScotia.com)

You are not alone!



### President's Message

Contact information for Lymphedema Association of Nova Scotia

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P.O. Box 122  
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Lower Sackville, NS  
B4C 2S8  
Phone: 902-401-3683

Hi Everyone,

The Lymphedema Association of Nova Scotia would love to have more members. A Personal Membership only costs \$35 a year and includes Pathways Magazine for a year, an opportunity to be part of the board, a vote at the AGM, notification of events and support, education and networking. There are also Professional and Corporate Memberships available. If you would like more information, please check out our website at [www.LymphedemaNovaScotia.com](http://www.LymphedemaNovaScotia.com) or email us at [lymphedemaNovaScotia@yahoo.com](mailto:lymphedemaNovaScotia@yahoo.com) or, if you would rather talk to a person, call Karen at 902-401-3683.

Lymphedema Support Group Meetings are being held about 4-6 times per year. Please check our website, in the events section, to get the latest news on any meetings or events that we will be having.  
[www.LymphedemaNovaScotia.com](http://www.LymphedemaNovaScotia.com)

Please contact me if you have any questions regarding the Lymphedema Association of Nova Scotia or if you just need to talk.

Best wishes,

Karen Bingham



Please like our Facebook Page and join our Facebook Group—Lymphedema Association of Nova Scotia

SPRING &

FALL



## Fundraisers

**SATURDAY, March 28, 2020**

**SATURDAY, Oct. 3, 2020**

**10am - 3pm**

**The Sackville Legion**

**45 Sackville Cross Road**

**Lower Sackville, NS**



All proceeds go to The Lymphedema Association of Nova Scotia (Contact #: 902-401-3683)

This newsletter is published quarterly by the Lymphedema Association Of Nova Scotia as an insert to the National Magazine, **PATHWAYS**.

**Submissions:** We welcome your suggestions and contributions to the newsletter but we are limited in space, so please understand that we can not publish everything that gets submitted.

**Advertising:** If you are a Nova Scotia Advertiser, and would like to advertise in the newsletter, please contact us to discuss our rates at [LymphedemaNovaScotia@yahoo.com](mailto:LymphedemaNovaScotia@yahoo.com) . If you are interested in advertising nationally in the Pathways Magazine, please contact Anna Kennedy at [pathways@canadalymph.ca](mailto:pathways@canadalymph.ca) or phone 1-647-693-1083.



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[www.LymphedemaNovaScotia.com](http://www.LymphedemaNovaScotia.com)

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Therapists, please contact us if you would like to be added to this list or if your information is incorrect. Thanks!